

Anxiety, Depression and Monkeypox

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In medicine, the recurrence of a previous illness is typically a major concern. The most recent worldwide public health issue in 2022 is the widespread spread of monkeypox outside of Africa. Fever and cutaneous lesions are the typical signs of monkeypox [1]. It can also manifest with unusual clinical issues such neuropsychiatric abnormalities, albeit [1]. The impact of the monkeypox is rarely discussed in clinical psychiatry. There is little information available regarding the connection between monkeypox and psychological issues. The patient with monkeypox may have a mental health issue, according to earlier research. More than 25% of monkeypox patients who were hospitalized had anxiety or depression that required counseling [2]. It is advised that further research be done on psychiatric issues in light of the present monkeypox outbreak.

On the other side, those in the general community who are monkeypox-free could experience concern during the latest outbreak. When news of a new, emerging disease spreads quickly, this becomes an issue. The panic situation may also be anticipated due to the outbreak of monkey pox [3]. A strong anti-fake news system and a system of psychological support for the general public are essential during an outbreak of monkeypox.

Keywords: Psychiatry; Monkeypox; Infection.

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